



VOLUNTEERS RETURN TO PLAY GUIDELINES

Netball Australia has developed the following guidelines to provide minimum standards for how netball activity should resume in a cautious and methodical manner.

These guidelines are based on the best available evidence and advice to optimise participant and community safety and should be used in conjunction with the directives and guidelines of the federal government and those of the relevant state or territory.

The priority must always be preservation of public health and minimisation of the risk of community transmission. All community netball participants (this includes players, parents/guardians, coaches, officials, volunteers, administrators, spectators, and netball organisations) must play a role in helping to slow the spread of COVID-19.

RETURN TO PLAY GUIDELINES: VOLUNTEERS

To minimise the risk of contracting or transmitting COVID-19, volunteers must adhere to the following:

- Do not attend netball training or competition if you are unwell and experiencing symptoms such as a cough, sore throat, fever, fatigue or shortness of breath.
- Do not attend netball training or competition if in the last 14 days you have been unwell or had close contact with a known or suspected case of COVID-19.
- Any participant who is unwell should see a doctor in accordance with local Public Health Authority guidelines.
- Participants should apply a graded return to training and competition to mitigate the risk of injury.
- Consider vulnerable participants as they may be at increased risk.

Member Organisations, Associations, Clubs and Venues to:

- Ensure all staff, court supervisors and umpires who interact with participants have access to alcohol-based sanitisers and instructions on how to keep safe.
- Develop plans for the arrival and departure of all participants (entry/exit patterns) and provide alcohol-based hand sanitiser for all upon entry.
- Develop a plan to enact hand hygiene protocols during training and competition.
- Ensure all netballs are sanitised before use each day and in between each game.
- Schedule training and match timing to ensure a minimum of a 20-minute break between one training/game and the next training/game. This is designed to allow one group to leave the venue before the next group arrives, and for staff to complete sanitisation requirements.
- Have a plan for capacity control and maintenance of social distancing rules.
- Have a plan for cash handling with the aim to develop cash-free procedures.
- Have a plan for communal spaces; it is recommended that changerooms, umpire rooms, canteens, public water fountains and general seating areas are closed or roped off to the general public in accordance with the relevant restriction.
- Regularly clean all bathrooms and communal areas and maintain a cleaning log.

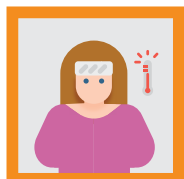
Management of a suspected COVID-19 case or confirmed COVID-19 case:

- Participants must follow Public Health Authority/State Government processes upon confirmation of a positive COVID-19 case.
- Member Organisations, associations, clubs and venue managers to assist the Department of Health in contact-tracing and potentially shutting/reducing access to training and competition if there has been a positive case in the area.

Managing a return to training or competition of a confirmed COVID-19 case:

- Ensure the participant no longer poses any infection risk to the community.
- Ensure the participant has sufficiently recovered to safely participate in netball.
- In both instances, obtain clearance from their Doctor/local Public Health Authority.

WHAT YOU CAN DO TO SLOW THE SPREAD



**DO NOT
ATTEND
TRAINING OR
GAME IF YOU
ARE UNWELL**



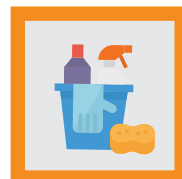
**PREPARE &
DRESS FOR
YOUR GAME
AT HOME**



**SHOWER AT
HOME WITH
SOAP BEFORE
& AFTER ALL
NETBALL
ACTIVITY**



**WASH OR
SANITISE
YOUR HANDS
BEFORE &
AFTER YOU
OFFICIATE**



**WASH OR
SANITISE ANY
OFFICIATING
EQUIPMENT
BEFORE &
AFTER USE**



**PLACE HAND
ALCOHOL-BASED
SANITISER
AROUND THE
VENUE AND IN
TOILET/CHANGE
ROOMS**



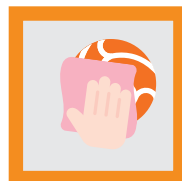
**ARRIVE AT
THE VENUE
READY TO
TRAIN/PLAY/
OFFICIATE**



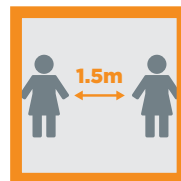
**BRING ALL
PERSONAL
ITEMS TO
PARTICIPATE;
WHISTLE,
TOWEL & DRINK
BOTTLE ETC.**



**AVOID
UNNECESSARY
BODY CONTACT.
NO HAND
SHAKES OR
HIGH FIVES**



**WIPE & CLEAN
NETBALLS
AFTER
TRAINING AND
GAMES**



**WHERE
POSSIBLE
MAINTAIN
SOCIAL
DISTANCING**

DO NOT ENTER THE STADIUM IF YOU EXHIBIT ANY OF THESE SYMPTOMS:

FEVER

COUGH

FATIGUE

**SORE
THROAT**

**SHORTNESS
OF BREATH**